

SUGGESTED KIT LIST FOR RESIDENTIAL VISITS TO CLIFFE HOUSE.

NOTE YOUR SON/DAUGHTER WILL NEED TO CARRY THEIR BAG OR CASE UP AND DOWN STAIRS. THERE IS NO LIFT. IDEALLY A SMALL RUCKSACK, SPORTS TYPE BAG OR GRIP WOULD BE BEST. SMALL CASES ARE ALSO OK BUT IT IS NOT POSSIBLE TO WHEEL CASES OR BAGS INSIDE THE CENTRE. If your child cannot carry their bag you have packed to many clothes/items!

Classes will be held out of doors and it is important that **old but warm clothing** is brought. **The Centre will supply waterproofs, wellies and small rucksacks to all visitors if needed.** There is also a small stock of gloves, hats, scarves and jumpers.

The following is a guide for a normal half week course.

Anorak/cagoule. Waterproof overtrousers.

Outdoor shoes or boots or wellies

Indoor shoes/slippers/trainers.

Trousers and a spare pair (if possible not jeans).

Shirt/top plus spare.

Change of underwear.

Pyjamas etc.

Wash kit and one or two towels.

Jumper/warm top plus a spare in winter.

Three pairs of socks. If possible **at least one thick pair.**

Small rucksack.

A small refillable water bottle is also useful, particularly in summer.

Pupils may bring small cameras and torches but **NOT** radios/mobile phones.

(The Centre is in a very poor reception area for mobile phones).

Some schools organise a party, a 'disco' or a talent contest in the evening for which extra clothes may be wanted.

School uniform is totally unsuitable for field work.

CLIFFE HOUSE CANNOT BE HELD RESPONSIBLE FOR LOSS OF OR DAMAGE TO BELONGINGS DURING A VISIT. ALL SCHOOLS WILL HAVE TAKEN OUT SUITABLE INSURANCE TO COVER THE DURATION OF THE VISIT.