

Meltham CE (C) School



Sex and Relationships Education Policy

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Approved by:	Chair of Governors: Mr P White		
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1.0 Aims

The aims of this policy are:

- To create a consistent approach throughout the school to Sex and Relationships education
- To define how the school fulfils its statutory duties regarding Sex and Relationships education.

2.0 Roles and Responsibilities

Governors

- To monitor and review the policy annually
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Headteacher

- To include information in the school prospectus about Sex and Relationships Education (SRE)
- To ensure all staff, governors and parents are aware of the SRE policy
- To monitor implementation of the policy

Classteachers

- To deliver the required programme of study of SRE for their year group
- To ensure the agreed teaching approaches are adhered to
- To inform parents when teaching specific areas of SRE (see appendix 2)

3.0 Policy

Through the programme of sex and relationships education the school aims to allow pupils to develop the following:

Attitudes and values

- Learning the importance of values and individual conscience and moral considerations
- Learning the value of family life, marriage and other stable and loving relationships for the nurture of children
- Learning the value of respect, love and care, and in doing so, developing sensitivity and respect for others, regardless of gender, race, culture, disability or social background
- Exploring, considering and understanding moral dilemmas
- Developing critical thinking as part of decision-making

Personal and social skills

- Learning to manage emotions and relationships confidently and sensitively
- Developing self-respect and empathy for others
- Learning to make choices based on an understanding of difference and with an absence of prejudice
- Developing an appreciation of the consequences of choices made
- Managing conflict
- Learning how to recognise and avoid exploitation and abuse

Knowledge and understanding

- Learning and understanding physical development at appropriate stages
- Understand human sexuality, reproduction, sexual health, emotions and relationships

3.2 PSCHE

Sex and relationship education is supported by our school's wider curriculum for Personal, Social, Health Education and Citizenship. This is taught by using the Social and Emotional Aspects of Learning (SEAL) scheme.

The main themes are:

- Developing confidence and responsibility and making the most of pupils' abilities
- Preparing to play an active role as citizens
- Developing a healthier, safer lifestyle
- Developing good relationships and respecting differences between people

- Developing confidence in talking, listening and thinking about feelings and relationships
- Children are able to name parts of the body and describe how their bodies work
- Children can protect themselves and ask for help and support
- Children are prepared for puberty

3.3 Requirements of the National Curriculum

The requirements set out within National Curriculum Science at Key Stage 1 are that the children should learn:

- That animals, including humans, move, feed, grow, use their senses and reproduce
- to recognise and compare the main external parts of the bodies of humans and other animals
- that humans and other animals can produce offspring and that these offspring grow into adults
- The requirements set out within National Curriculum Science at Key Stage 2 are that the children should learn:
 - That the life processes common to humans and other animals include nutrition, movement, growth and reproduction
 - About the main stages of the human life cycle

3.4 Scheme of Work

The school follows the Christopher Winter Project scheme of work. The overview is attached in Appendix I. This is supported by the Channel 4 Living and Growing DVD. A bank of resources suggested by the scheme of work has been purchased and these are stored centrally in the staffroom. Ground rules are set for the classes when teaching Sex and Relationship Education.

3.5 Teaching Styles

- An atmosphere of respect is engendered as per our rights
- A question box is provided but teachers will not always answer the questions posed, some may be referred to parents
- Colloquial names for body parts are accepted in lessons initially but correct names are taught
- Generally Sex and relationships education is taught in mixed sex sessions however an initial single-sex session is used when teaching about puberty. A follow-up mixed sex session is then held.
- Sessions are taught as far as possible by the usual classteacher

3.6 Family involvement

Parents will be informed by teachers at the beginning of the term when the unit of Sex Education takes place. They will make sure parents have access to the scheme of work overview for the unit.

4.0 Appendices

4.1 Christopher Winter Project Scheme of work

4.2 List of resources for teaching Sex Education