



The Dyslexia Hub

by Michelle Holgeth

Mirfield

MATHS ANXIETY OR DYSCALCULIA?



Sat 27th April, 2pm, Mirfield Community Centre



What is 'maths anxiety'?

Maths anxiety is best described as unpleasant thoughts and emotions, triggered by maths, including fear, dread, panic, anger and frustration. 1 in 10 children aged 8-13 suffer from it. 1 in 4 parents don't feel able to teach their children basic addition and subtraction without a calculator.



What is 'dyscalculia'?

Dyscalculia is defined as a specific and persistent difficulty in understanding numbers, especially every day tasks involving money and time, applying numbers skills to solve problems, estimating, and learning and recalling basic maths facts. It occurs across all age ranges, levels of education and abilities.



About the Presentation

The hour's presentation will cover the signs, symptoms and consequences of maths anxiety, but most importantly, how parents and teachers can help - practically and emotionally.

To book a place, please
contact me on:

07712 441190 michelle.holgeth@me.com